



# North Bucks Road Club

Premier Cycling Club for Milton Keynes & Surrounding Areas

## Event Course Description & Risk Assessment

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### Course Name, Code & Distance:

**Three Locks Hill Climb – F5x/H – Hill Climb, 1.2 miles**

### Area:

From the bottom of the hill on Ivy Lane and upwards alongside the Three Locks golf club towards the village of Great Brickhill. To the south of Milton Keynes.

### Topography:

Hilly, with gradients up to 7.7%.

### Online Route Map:

<http://ridewithgps.com/routes/11727515>

### Start Point:

On Ivy Lane, just before the right turn junction and north-east of the canal bridge over the Grand Union Canal. Turn off from the A4146, near to the Three Lock public house and the Three Lock golf course.

### Route:

From the start point continue straight onwards on the same road (Ivy Lane) until you come to the finish point.

### Finish Point:

Finish at the village sign for Great Brickhill.

### Car Parking:

A public car park is available close to the start and located opposite the entrance to the Three Locks public house. Turn off the A4146 towards the start point and the car park entrance is on the right overlooking the pub.

### Related Info:

Please check the course risk assessment prior to riding, especially if this is your first time on this course.

Event fees are available on the NBRC web site. NBRC members are charged a reduced fee to all NBRC events, information on membership is available through the web site or ask any NBRC member.

28/02/2016

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### **General Considerations:**

Our time trials and cycling events are held on open roads and as such, the rules of the road MUST be obeyed by all riders at all times.

Riders under 18 must wear an approved cycling helmet. All other riders are encouraged to do as well.

We encourage riders to ensure they have fully checked their bike to ensure it is road worthy. Prior to your start time it is advisable to quickly re-check; brakes, chain, pedals, gear shifting and tyre pressure.

Riders should ensure they are familiar with the course, turn points and the start and finish point to avoid confusion and irregular movements whilst on the carriageways.

Riders should consider the use of lights to increase their visibility, especially in low light conditions and evening events held at the start and end of summer. (Don't forget you might be also cycling home.)

When riders are passing another competitor (or road user), please pass considerately and at a safe distance. Remember to check for cars making the same overtaking manoeuvre.

All riders should clear the finish line promptly and take extreme care if turning in the road.

Consider your competitors when warming up. Keep the course free once the first rider has started.

### **Course Specific Considerations:**

The road surface is generally good but approx. half way up there is some broken tarmac.

Traffic levels will be very low.

Road surface on the other side of the road is poor in places with gravel possible, please take care when descending back to the start point.

There are a few access roads on the left hand side, traffic will be very light but please take care as golf course maintenance vehicles could be present.

Please descend carefully and remain on your side of the road as cars could be overtaking other competitors.

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